

## APRIL AGENCY ACCESS LIST:

*Current as of 04/13/2021*

### **SeaMar Behavioral Health:**

#### Mental Health Programs:

- Lynnwood MH- Open Access days are Mondays and Wednesday 8-10 am. The waiting time depends on how many clients walk in each day. On days when we see high volume, there are a few people who have to wait just a little over 10 days for a pre-scheduled apt and the rest who are not seen same day, end up getting scheduled for the following week.
  - Everett MH Adult- As of 4/5 the site is returning to open access model, meaning clients call in Monday-Friday at 9am or 11am for a same day appointment. If all same day slots are full, they are provided a pre-scheduled apt within the following 3 days.
  - Oak Harbor/Anacortes MH- apt provided within 2 weeks of receiving basic registration paperwork/consents
  - Monroe MH Adult/Child and Family Programs- Currently scheduling about 15 days out HOWEVER, we were able to fill a recent vacancy so we anticipate by next month it will be reduced to about 7 days.
  - Everett MH Child and Family- \*Due to significant staffing drop, assessments are currently booked about 4-6 weeks right now.
  - Mt Vernon MH- Booked out to the end of April, but some individuals get in sooner if cancellations occur and they are willing to be on a stand-by list.
  - Bellingham MH Adult- Apt scheduled booked about 2-3 weeks out
  - Bellingham MH Child and Family- Apt scheduled within 1-2 weeks
- \*\*Due to recent spikes in requests for service in Whatcom and Skagit Counties, we are in the process of onboarding a part time clinician who will only do assessments to help reduce wait times. We expect this person to be in place within the next few weeks and should see a drop in the length of time to get in for those locations.*

#### Substance Use Programs:

- **Lynnwood and Everett SUD-** Daily open access appointments offered once initial paperwork is received. Longest wait time is about a day unless there is missing (but required) legal paperwork we need.
- **Monroe SUD-** Appointment provided no more than 3 days from request
- **Oak Harbor SUD-** Appointment provided with 7 days of initial paperwork completion
- **Bellingham SUD-** Only one provider; Assessments are booking about 3 weeks out
- **Mt Vernon SUD-** within one week of request and initial paperwork completion.

#### Contact Information for SeaMar Locations:

- Mount Vernon SUD: (360)-542-8920
- Mount Vernon MH: (360)-542-8810
- Mount Vernon Child & Family: (360)-542-8811
- Everett Behavioral Health: (425)-609-5505

- Everett Child & Family: (425)-312-0277
- Lynwood BH Clinic (Alderwood): (425)-977-2560
- Lynwood BH Clinic (194<sup>th</sup>): (425)-977-2560
- Monroe BH Clinic: (360)-805-9180
- Monroe Child & Family: (360)-512-2044
- Monroe MAT: (360)-805-3122
- Bellingham BH clinic: (360)-734-5458
- Bellingham Child & Family: (360)-398-5444
- Bellingham MAT: (360)-734-4266
- Oak Harbor BH Clinic: (360)-679-7676

## **Compass Health Behavioral Health Services:**

### Wrap Around Intensive Services (WISe):

To get involved in the WISe program there is a referral phone number and email to reach WISe engagement specialist, who will then evaluate if you meet the requirements for the program. The Screening process takes about 10 days to complete with the screening, assessment, placement, and connection to other resources:

- 425-349-8337
- Wisereferrals@compassh.org
- **Cordata Location** (Bellingham): 360-922-6670
  - Currently no wait times
  - Can fill up quickly, large turnover rate at this location
- **Skagit Location** (Mount Vernon): 360-419-3555
  - Currently no wait times
- **Monroe Location** (Monroe): 360-419-7530
  - About one month wait time
- **Oak Harbor** (Whidbey Island): 360-682-4100
  - About one month wait time
- **Federal Ave Location** (Everett): 425-349-6200
  - Currently not accepting new patients for child and family services

### Inpatient Care:

#### **Whatcom County Triage Center: 360-676-2020 (Extension Press 2)**

- Need Evaluation by a DCR during crisis to get a bed
- Currently 3 beds available and have not yet had to fill up whole facility
- Increased total amount of beds to 16, although only accepting 10 due to COVID-19

### **Mukilteo Evaluation and Treatment Center (E &T):**

- Need evaluation by a DCR in a crisis situation, or through the ER
- Bed availability consistently changing and evaluations are done on a case-by-case basis

### **Snohomish County Triage Center: 425-349-7289**

- Located in the Bailey Building (Listed Below)
- Can call for assessment and will evaluate on a case-by-case basis

### Adult Outpatient:

- **McLeod Office (Bellingham): 360-676-2220**
  - Currently not accepting new patients or referrals
- **South Second Street Office (Mount Vernon): 360-419-3500**
  - Currently not accepting new patients or referrals
- **Coupeville Office: 360-678-5555**
  - Current wait times vary based on staffing and severity of cases
  - Hospital discharges are getting priority
  - Current wait times are about 2 weeks to one month, with the average being 3 weeks
- **Bailey Building (Everett): 425-349-6800**
  - Currently not accepting new patients for adult outpatient services
  - Other services are available
    - Call in to schedule an assessment for other specialized program
    - No Open Access Hours
  - Other Programs can be viewed at:  
<https://www.compasshealth.org/location/bailey-building/>
- **Lynwood Office: 425-835-5850**
  - Currently not accepting new patients or referrals
- **Orcas Island Location: 360-378-2669**
  - One to two week waiting time for both Child and Family and Adult Outpatient
  - No Open Access Hours, call in to schedule and get client portal set up

### **Catholic Community Services:**

Child and Family Mental Health programs are currently not taking any new clients. There is no waitlist. It is recommended that you call every 2 weeks to see if there are any opening appointments if you wish to receive services.

### Whatcom Child and Family Mental Health: (360)-676-2164

- Currently not accepting new clients

Skagit Child and Family Mental Health: (360)-856-3054

- Currently not accepting new clients

Snohomish Child and Family Mental Health: (425)-257-2111

- Currently not accepting new clients

Recovery Centers:

- Open Access Hours 8:30 AM Monday through Friday to engage in services
- Offering Telehealth appointments to continuing clients after intake appointment

Contact Information for Recovery Centers:

- **CCS Recovery Center, Everett**  
Phone: (425) 258-5270

CCS Behavioral Health Center  
2610 Wetmore Avenue  
Everett, WA 98201

- **CCS Recovery Center, Marysville**  
Phone: (360) 651-2366

CCS Recovery Center  
1227 2nd St.  
Marysville, WA 98270

- **CCS Recovery Center, Burlington**  
Phone: (360) 757-0131

CCS Recovery Center  
614 Peterson Rd.  
Burlington, WA 98233

- **CCS Recovery Center, Bellingham**  
Phone: (360) 676-2187

CCS Recovery Center  
515 Lakeway Drive  
Bellingham, WA 98225

## **Sunrise Services:**

### Skagit County:

- Currently not taking any new clients
- Requesting new intakes call back at the end of the month (April, 2021)
- No waitlist currently

## **Lake Whatcom Center:**

- Open access hours changing this month: they are now 9:15 AM on Monday, Wednesday, and Friday
- There are two intake appointments available on Mondays and Wednesdays, and One intake appointment available on Fridays

## **Didgwalic Wellness Center:**

- Currently not accepting new clients unless tribally enrolled or pregnant
- Waitlist length is up to 96 people with more call-ins every day
- Accepts Medicaid and Medicare
- *Contact Information:*
  - (360)-755-1125
  - [frontdesk@follmanagency.com](mailto:frontdesk@follmanagency.com)

## **Lifeline Connections: (360)-399-6900**

- Current intake procedure is call-in to schedule an appointment
  - Appointment wait times are variable as they depend on severity of case and clinician case load
- Offers Substance use and Mental Health Outpatient Care
- All services are offered through Telehealth