



The Basic Food Program (or SNAP) is a federal program that helps people with low income buy food at the grocery store. It is administered locally by the Washington State Department of Social & Health Services.

Do I Qualify?

You may be eligible to receive Basic Food if you live in Washington State *and*

- You're a U.S. citizen or legally present in the U.S.
- Make less than the amount shown to the right

Other rules apply so be sure and visit or call us today to verify eligibility and see if Basic Food can help you and your family.

Revised 5/2022

Household Size	Maximum Gross Monthly Income
1	\$2,265
2	\$3,052
3	\$3,839
4	\$4,625
5	\$5,412
6	\$6,199
7	\$6,985
8	\$7,772

EBT benefits are accepted at most grocery stores. You use it just like a debit card. Your benefits are renewed on the same date each month.



To Apply or Get More Information

Community Action of Skagit County
 330 Pacific Place
 Mount Vernon, WA 98273
 (360) 416-7585

Application Assistance & Prescreening
 Monday thru Friday, 9am—4:30pm

Once your application is submitted, you will still need to complete an interview with DSHS

Department of Social & Health Services
 900 East College Way, Mount Vernon

Lobby Hours Monday—Friday 8am-5pm

Interview Hours for Food Applications
 Monday—Friday 8 am – 3 pm

Statewide call center: 1-877-501-2233

Apply online: www.washingtonconnection.org

EBT Card Replacement: 1-888-328-9271