

YOU Can Make a Difference!

Interested in volunteering with Community Action?

Please contact <u>VolunteerCenter@CommunityActionSkagit.org</u> or (360) 588-5753 if you are interested in finding out more about these or any positions we have available. You can also go to <u>www.SkagitVolunteerCenter.org</u> to find out about opportunities with 150 other local nonprofits!

- 1. **Senior and Disabled Services Volunteers:** Many people reach a time in their lives when they need assistance with ordinary household chores to stay in their homes. Volunteers are needed to provide assistance with housekeeping and minor repairs, yard work, moving furniture, delivering firewood, giving rides to doctor's appointments and other errands. Flexible schedule, some tasks can be done during the evenings or weekends, and some small group opportunities are available.
- 2. Skagit Food Distribution Center Delivery Driver Volunteers: Deliver 30-50-pound boxes of food to low-income seniors who have difficulty leaving their homes. Shifts available on weekday mornings, approximately 9:00 11:30 a.m., flexible schedule. Vehicle provided, volunteers go out in pairs from Skagit Food Distribution Center in Sedro Woolley using agency van, must have current driver's license and proof of insurance.
- 3. **East County Food Service Assistant:** Kitchen help needed for a free lunch program at the Concrete Community Center, around 10 hours per week. Greet customers, wash and prepare food, organize and stock supplies, wash dishes and sanitize surfaces, prepare simple side dishes, and clean up afterwards.
- 4. Shelter Care Specialist Intern: There is currently an opening for an intern at the William F. Shuler Family Development Center, a 10- unit short term homeless shelter located in Mount Vernon. Ideal candidates would be currently pursuing a degree in Social Work, Psychology, Human Services, or a related field, and have a desire to learn and grow in the field of human services, with a particular focus on supporting individuals and families experiencing homelessness. A commitment of one to two quarters is required.
- 5. **Painters:** Volunteers are needed to clean and paint units when families move out of the William F. Shuler Family Development Center, a 10- unit short term homeless shelter located in Mount Vernon. This can be an individual or small group project.

(360) 416-7585 | 330 Pacific Place, Mount Vernon, WA 98273 VolunteerCenter@CommunityActionSkagit.org | www.SkagitVolunteerCenter.org



Donation Drives

Looking for a team-building project for your school, club, team, or business? Want to make a difference in your community with a fun group project? We need help with organizing donation drives for the following supplies!

- 1. **Baby Clothes Drive:** WIC (Supplemental Nutrition Program for Women, Infants, and Children) is collecting clean, gently used clothing for babies and toddlers up to age three in Skagit County.
- 2. **Food and Toiletry Drive:** Help feed the need! The Skagit Food Distribution Center is in need of high protein food, canned vegetables and fruit, easy open soups and stews, pasta and sauce, baby food and formula, assorted toiletries, and much more. Small, individually wrapped items such as protein bars, cereal bars, crackers and nuts are especially appreciated.
- 3. **Family Shelter Drive:** Help a family create a new home life by providing households items such as gift cards to stores (Fred Meyer, Safeway, Habitat for Humanity RE Store, etc.), gas cards, bus tickets, haircut gift cards/certificates, hand soap, dish soap, all-purpose cleaner, new brooms and dustpans, mops and buckets, garbage cans, bath rugs, toiletries, plastic drinking glasses, large and small TVs, toasters, and coffee pots.
- 4. **Resource Center and Street Outreach Critical Needs Drive:** Many items are needed for people living unhoused, including high protein snacks in individual bags, travel sized hygiene items, backpacks, cell phone chargers, bike locks, first aid items, blankets, sleeping bags, coats, socks, boots and shoes, tarps, disposable handwarmers, ponchos, gloves, and small tents.